



Job Description – Many Hands Worker

Role title:	Many Hands Worker
Organisation:	Carers of West Lothian
Project:	Many Hands is a pilot project which will initially run for 6 months.
Reports to:	Development Worker or CEO
Days/Hours:	Days and hours negotiable, depending on the needs of the service.
Salary:	£9.50 per hour.

Aim and purpose of the post:

Carers of West Lothian supports unpaid carers and disabled people living in West Lothian. During the COVID pandemic, unpaid carers have told us how exhausted they are because they haven't been able to take a break from their caring role. To meet this demand for respite, Carers of West Lothian are running a pilot project to provide time limited paid respite at home for unpaid carers, to help carers in their homes in the following ways.

- Spend time with the cared for person to chat, read, play games, or go for a walk, allowing the carer to have a break.
- Assist with household tasks such as odd jobs, cleaning or cooking, allowing the carer to have a break.
- In certain circumstances accompanying the carer for person to groups in a vehicle where this is appropriate.
- A break from caring will enable unpaid carers to pursue their own interests, e.g. attend appointments or meet a friend for coffee

Key Criteria required for this post:

- Good communication skills.
- Empathetic and caring nature, in addition to patience, sensitivity, reliability and flexibility.
- Understanding of the needs of unpaid carers and adults with disabilities or long term health conditions.
- Car driver with a current driving licence and access to a car preferred but not essential. Car insurance should have cover for business insurance.
- Previous experience or lived experience in a caring role desirable but not essential.

Tasks/Role Activities:

- Assist clients with tasks as per task list (which will be discussed and agreed when we match Many Hands workers to clients)
- Maintain and update care plan following each visit.
- Chatting, reminiscing, going for a short walk (if appropriate) showing interest and assisting with hobbies for cared for person as per care plan.
- Report any concerns or problems to Development Worker or CEO.
- Adhere to confidentiality. Lone working and health and safety policies in accordance to Carers of West Lothian's policies and procedures
- Attend training and support meetings.

Criminal Record Disclosure

An enhanced disclosure is required for this role, the cost of which will be met by Carers of West Lothian

Induction

There will be an induction programme provided by Carers of West Lothian.

Supervision and support

Supervision and support will be provided regularly.

Closing Date: 21st March 2022