

Carers of West Lothian Impact Statement

Our Response to the Coronavirus Lockdown (at June 2020)

Supported **328**
adult carers
75 young carers
45 disabled adults
144 new service users



Delivered **251**
sets of PPE to unpaid
carers and PAs



Provided **299**
pieces of information
and advice



488 attendances
at online peer support
groups



78 carers received
Short Breaks funding



Supported
15 people with
counselling



Provided **246**
cases of individual
support



135 people
benefited from regular
telephone calls to
support those struggling
emotionally



4 new volunteers
delivering PPE
3 volunteer befrienders



Key learnings from Lockdown:

Findings from 2 surveys completed by 151 people and 2 focus groups, told us people need information, advice and emotional support as we ease out of Lockdown.

Opportunities for collaboration are emerging in West Lothian for mental health support.

New carers have emerged and we will embark on a promotional campaign to reach them.

The strength of social media and our website have worked well to keep people informed.

Engaging over Zoom has enabled more people to connect with friends in peer support groups.

I was worried about my mental health but this will help (using Zoom for groups)

It's been good using this (Zoom) as it means I can join in. I can't make the group but can join this way. It's been good to talk to people as I am in the house.

Thank you so much for letting my daughter join the YC Zoom group. She had a ball, I haven't heard her laugh like that for some months.

Additional funding was received from Scottish Government Carers Centre Remote Working Fund, Foundation Scotland's Response Recovery and Resilience Fund, SP Energy, West Lothian Council's Hardship Fund, STV Children's Appeal and Shared Care Scotland, enabling us to provide a seamless service during Lockdown.

Our Funders



West Lothian
Health & Social Care Partnership
www.westlothianhscp.org.uk

