

## **TRANSPORT AND MOBILITY INFORMATION**



**Carers of West Lothian**

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Scottish Charity SC019628 | Company Limited by Guarantee Company Number SC226434

## **TRANSPORT AND MOBILITY INFORMATION**

### **DIAL-A-RIDE**

Dial-a-Ride provides a door-to-door transport service for people with limited mobility who are unable to use ordinary buses and/or are suffering a degree of social exclusion due to geographical remoteness or other factors.

**For further details contact Dial-a-Ride: Tel: 01506 633953**

### **HANDICABS**

This is a service operated by Handicabs and transports people to local shops on certain days, using buses accessible to people who have a disability or who are frail and elderly. Friends or relatives of the person may be able to accompany them if required - alternatively an escort may be arranged.

**For further details contact Handicabs: Tel: 01506 633336**

### **WEST LOTHIAN TRAVEL INFORMATION CONNECT 40**

This is a feeder transport service for people with limited mobility which allows them access to the 40/X40 bus service. The 40/X40 bus service runs hourly from St John's Hospital in Livingston to Edinburgh Royal Infirmary and is operated by E & M Horsburgh Limited. Journeys on the Connect 40 must be booked at least one day before you plan to travel. Handicabs Lothian can advise you on the 40/X40 timetable and will arrange to pick you up from your home and transport you to St John's Hospital where a connection can be made with the service to Edinburgh Royal Infirmary.

**For further information contact: Tel: 01506 432251 (E&M Horsburgh) Web: [www.horsburghcoaches.com](http://www.horsburghcoaches.com)**

**Tel: 0871 200 2233 (Traveline) Web: [www.travelinescotland.com](http://www.travelinescotland.com)**

### **LOTHIAN SHOPMOBILITY**

Lothian Shopmobility provides a free wheelchair and scooter lending service to enable people with disabilities and limited mobility the means to shop and use facilities with the maximum amount of independence. To be eligible to use the service you must have temporary or long-term limited mobility.

To register for the service or for further information contact:

**The Centre, Almondvale Avenue, Livingston, EH54 6HS (located in Centre Car Park 1, just off Almondvale Boulevard) Tel: 01506 442744**

### **BLUE BADGE SCHEME**

The Blue Badge Scheme provides a European parking concession for people with severe walking difficulties who travel either as drivers or passengers. Eligibility criteria is set by legislation laid before the Scottish Parliament.

The eligibility criteria for individuals are split into:

- Automatic – without further assessment
- Discretionary – subject to further assessment (cognitive)

**For a complete list of the new eligibility criteria you should contact your local council information service: Tel: 01506 280000 Web: [www.westlothian.gov.uk/bluebadge](http://www.westlothian.gov.uk/bluebadge)**

## NATIONAL ENTITLEMENT CARD - BUS PASS

Scotland-wide free bus travel entitles anyone aged 60 and over and eligible disabled persons age 5 and over who live in Scotland, to travel free on both local registered services and long-distance bus services within Scotland. In some cases, a person's travel permit may allow for another person to travel as an escort.

**For further information about who is eligible and what concessions are available contact:**

**Tel: 01506 280000 Web: [www.westlothian.gov.uk/article/11286/How-to-apply-for-a-bus-pass](http://www.westlothian.gov.uk/article/11286/How-to-apply-for-a-bus-pass)**

Application forms are available from all West Lothian Council Validation Points ([www.entitlementcard.org.uk/authority/west-lothian](http://www.entitlementcard.org.uk/authority/west-lothian)) or by calling **01506 280000** or email [customer.service@westlothian.gov.uk](mailto:customer.service@westlothian.gov.uk)

**Rail concessions** - discounted fares are offered to National Entitlement Card cardholders travelling from West Lothian Stations on ScotRail train services.

**For further information: Tel: 01506 280000**

**Web: <https://www.westlothian.gov.uk/article/2803/Rail-Concessions-Using-Your-Bus-Pass>**

## THISTLE ASSISTANCE CARD

SEStran developed the Thistle card to make using public transport easier for older or disabled people. The card is supported by most operators and comes with a supply of peel off stickers which advise the driver of your disability and the help you need.

**For more information contact: SEStran Office, 3D Bridge, Victoria Quay, Edinburgh, EH6 6QQ**

**Tel: 0131 524 5150 Web: [www.sestran.gov.uk](http://www.sestran.gov.uk)**

## THE DISABLED PERSONS RAILCARD

This allows a person to buy discounted rail tickets and if another adult is traveling with them, they can also travel at the same discounted fare. Applications available online and should be returned to the address below with proof of entitlement and payment. The application form lists what you need as proof of eligibility.

**For more information contact: Disabled Persons Railcard Office, PO Box 6613, Arbroath, DD11 9AN**

**Tel: 0345 605 0525 Textphone: 0345 601 0132 E-mail: [disability@atoc.org](mailto:disability@atoc.org)**

**Web: [www.disabledpersons-railcard.co.uk](http://www.disabledpersons-railcard.co.uk)**

## WEST LOTHIAN BUS SERVICES

**Lothian Country Tel: 0131 554 4494 Web: [www.lothiancountry.co.uk](http://www.lothiancountry.co.uk)**

**First Bus Tel: 0345 646 0707 Web: [www.firstgroup.com](http://www.firstgroup.com)**

**E&M Horsburgh LTD Tel: 01506432251 Web: [www.horsburghcoaches.com/](http://www.horsburghcoaches.com/)**

## WEST LOTHIAN VOLUNTEER DRIVER SCHEMES

Linlithgow Link drive their own cars to take people living in Linlithgow and Linlithgow Bridge to hospital or health related appointments when a person has difficulty using public transport.

**For further information contact: Tel: 01506 845137 Web: [www.linlithgowlink.org.uk](http://www.linlithgowlink.org.uk)**

**Dedridge Good Neighbour Network** offer volunteer drivers to take people living within their catchment area to clubs and groups they run.

For further information contact: Tel: 01506 416137

## FURTHER TRAVEL ADVICE

The following agencies can offer advice and information on issues relating to transport:

**Disability West Lothian Tel: 01506 774030 Web: [www.disabilitywestlothian.org](http://www.disabilitywestlothian.org)**

**West Lothian Travel Helpline Tel: 01506 282320**

**Traveline Scotland Tel: 0871 200 2233 Web: [www.travelinescotland.com](http://www.travelinescotland.com)**

## MOTABILITY CAR AND SCOOTER SCHEME

The Motability Scheme helps disabled people get mobile by exchanging their mobility allowance to lease a car, scooter or powered wheelchair. To be eligible to join the Scheme, you need to receive one of the following mobility allowances and must have at least 12 months award length of your allowance remaining:

- Enhanced rate of the mobility component of Personal Independence Payment (PIP)
- Higher rate mobility component of Disability Living Allowance (DLA)
- War Pensioner's mobility supplement
- Armed Forces Independence Payment

**For more information: Tel: 0300 456 4566 Web: [www.motability.co.uk](http://www.motability.co.uk)**

## THE SCOTTISH DRIVING ASSESSMENT SERVICE

This service offers driving assessment and/or advice for people who wish to commence, resume or continue driving after illness or injury, and advises on vehicle modifications to enable safe driving or passenger travel for those with a disability. Assessments are carried out by a therapist and/or a doctor and generally include Physical Assessment, Static Unit Assessment and In-Car Assessment. Assessment is free, although a referral letter from a doctor giving brief medical details about the person is required before an appointment can be made. Referrals are accepted from all Scottish Health Boards.

Further details can be obtained from:

**Scottish Driving Assessment Service, SMART Centre, Astley Ainslie Hospital, 133 Grange Loan, Edinburgh, EH9 2HL Tel: 0131 537 9192 Email: [Marlene.Mackenzie@nhslothian.scot.nhs.uk](mailto:Marlene.Mackenzie@nhslothian.scot.nhs.uk)**

General advice and information on driving with a disability or medical condition also available from **[www.mobility-centres.org.uk](http://www.mobility-centres.org.uk)**