



## **CARER SUPPORT**



**Carers of West Lothian**

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Scottish Charity SC019628 | Company Limited by Guarantee Company Number SC226434

## CARER SUPPORT

A Carer qualifies for support if they provide help and support to someone they know, such as a family member or a friend, and they have been assessed as eligible for support to continue in their caring role.

**The Carers (Scotland) Act 2016** came into effect on 1 April 2018. The Act details the advice, information and support which unpaid Carers are entitled to in order to support them in their caring role enabling them to maintain their own health and wellbeing and to have a life alongside caring.

### THE ACT STATES:

#### The council must:

- Identify the support needs of carers
- Prepare an adult carer support plan or a young carer statement if someone asks for one
- Provide support to carers based on local eligibility criteria
- Involve carers in planning services
- Establish information and advice services for carers (Carers of West Lothian)

#### The health service must:

- Involve carers in the hospital discharge planning of the people they care for (NHS)

### AN ADULT CARER SUPPORT PLAN (ACSP) OR YOUNG CARER SUPPORT PLAN

- looks at the support someone is providing and determines their needs and outcomes as a Carer. It considers all individual commitments - family, work, study, housing, social life, leisure activities, age, health, and any support already in place. A worker will discuss a Plan or Statement with the carer to decide what level of eligibility for support they have.

#### A plan can cover:

- Information and advice
- Information about housing, equipment and adaptations
- Technology like flood/heat detectors, wandering devices, home security and Careline support
- Welfare benefits advice
- Short breaks from caring
- Who to contact in an emergency
- How to arrange an assessment of need for the person being supported

More information can be found at: <http://www.westlothianchcp.org.uk/article/3255/CarerSupport> or contact the social work department on:

**Adult Services 01506 282252**

**Older People Services 01506 284700**